DA BlankyPack by DAblacksheeps

Safety Remarks



- **WARNING**: The product is intended and designed to be used and carried by adults. It has small parts and straps which can be dangerous for children. Do not carry children or pets in the backpack.
- **WARNING**: To avoid danger of suffocation, keep this product and its packaging away from babies, children and pets. Do not use it in cribs, beds, carriages, or playpens. This product and its packaging are not a toy.



How to use

• When used as a backpack:

- The width of the backpack should not be greater than the torso.
- Always use both shoulder straps! Carrying a backpack on one shoulder can strain muscles and may increase curvature of the spine.
- Tighten the straps! This keeps the backpack close to the body. The straps should hold the pack above the waist.
- $\circ~$ Pack light! The pack should NOT weigh more than 15-20% of your total body weight.
- Organize the backpack! Use all of the compartments. Pack heavier items closest to the body.
- Bend using both knees! Do not bend at the waist when wearing or lifting a heavy backpack.

• When the backpack is unfolded and used as a mat:

- Use it on even and not slippery ground so it cannot slide away.
- Remove the shoulder straps and stow them in the pockets of the back support and attach the carry handle to the velcro so you cannot stumble.
- Do not smoke or cook on the mat and keep distance from open fire. It's not fireproofed.